

Substance Abuse

Key Priority Areas

Alcohol use/binge drinking

Metrics

- Percent of adults that report binge drinking (BRFSS) Baseline: 24.1% Target: 23.0%
- Percent of high school students that report binge drinking (YRBS) Baseline: 19%, Target: 18%

Evidence Based Interventions

- Publicized sobriety checkpoint programs
- Clinical screening and counseling for adults aged 18 and older
- Electronic screening and brief intervention
- Dram shop liability and overservice law enforcement initiatives
- Ignition interlocks
- Worksite based interventions
- Limitations on the days and hours of alcohol sales
- Increasing alcohol beverage tax
- Limiting alcohol outlet density
- Enforcing laws to prohibit the sale of alcohol to minors
- Mass media campaigns to reduce alcohol impaired driving
- Establishing a lower blood alcohol limit for younger drivers¹

Community Resources

- UM-Helena College
- AA
- DUI Task Force
- NHTSA
- RASST (over service)
- 24/7 Program
- Alcohol Education Carroll

Methamphetamine Use

Metrics

Evidence Based Interventions

- School based interventions (Life Skills Training, Project Towards No Drug Abuse)
- Family based interventions (e.g. Creating Lasting Family Connections, Brief Strategic Family Therapy)
- Multi-component community-based prevention
- Four pillars approach: Prevention, treatment, policing and harm reduction²

¹ <https://www.healthypeople.gov/2020/topics-objectives/topic/substance-abuse/ebrs>

- Increase access to and resources for evidence based treatment
- Divert possession offenders to treatment, not incarceration

Community Resources

Underage drinking

Metrics

- Percent of high school students that report current alcohol use (YRBS). Baseline: 36.4%
Target: 35%

Evidence Based Interventions

- Limitations on the days and hours of alcohol sales
- Increasing alcohol beverage tax
- Limiting alcohol outlet density
- Enforcing laws to prohibit the sale of alcohol to minors
- Establishing a lower blood alcohol limit for younger drivers
- Brief Alcohol Screening and Intervention for College Students³
- Evidence based family interventions like Family Matters
- Evidence based community level interventions like Community Trials Intervention to Reduce High Risk Drinking⁴

Community Resources

- Youth connections
- State-wide social host law
- Alcohol Edu JPLA
- Alternative Activities
- Compliance Checks
- YC Magazine
- Havre Help Social Media
- Athletics
- Schools
- Spiritual Life Committee
- Carroll College
- DUI Task Force
- Intermountain

² <http://www.drugpolicy.org/docUploads/FourPillarsMethamphetamine.pdf>

³ <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2916744/>

⁴ <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2916744/>

- Pure Performance